Unconscious Bias– Quiz

Please complete this quiz to assess your understanding of unconscious bias and its impact

1. What is unconscious bias?

A. A deliberate choice to treat people differently

B. **Automatic assumptions made without awareness (Correct)**

C. A legal requirement in practice

D. A safeguarding concern only

2. Which is an example of ability bias?

A. Assuming an older adult cannot use technology

B. **Assuming someone with a disability cannot communicate their needs (Correct)**

C. Believing your first impression is always right

D. Treating everyone exactly the same

3. What is diagnostic overshadowing?

A. Ignoring safeguarding concerns

B. Prioritising one professional over another

C. **Attributing new symptoms to an existing condition (Correct)**

D. Over-reporting physical symptoms

4. Which law emphasises wellbeing and person-centred practice?

A. Mental Health Act

B. Equality Act 2010

C. **Care Act 2014 (Correct)**

D. Human Rights Act

5. Under the Mental Capacity Act, what is the first principle?

A. Best interests decision-making

B. **Assume capacity (Correct)**

C. Professional judgement overrides

D. Family decision-making